

## THE EVENING MISSOURIAN

Published every evening except Sunday by The Missouri Association, Incorporated, Columbia, Mo. Virginia Bldg. Downstairs. Phone: Business, 65; News, 274.

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Entered as second-class mail matter.

City: Year, \$3.75; 3 months, \$1.00; month, 40 cents; copy, 2 cents. By mail in Boone County, Year, \$3.25; 3 months, \$1.00; month, 35 cents. Outside the county: Year, \$4.00; 3 months, \$1.25; month, 45 cents.

## UNCLE SAM'S GUN PLANTS

The Army Ordnance Department announces the completion of fifteen of sixteen of the gun plants for forging and machining cannon. The sixteenth plant is \$5 per cent complete. Of these plants five have their machinery installed and are operating 100 per cent. Five others are 90 per cent or more complete as to installation of machinery. The others have the machinery more than half installed.

The erection of the sixteen plants involves a cost of \$37,768,297 exclusive of the machinery installed.

All sixteen plants are producing cannon or cannon forgings for mobile artillery from 1½ inches to 10 inches.

Who says Uncle Sam doesn't mean to win the war?

## THE HOME AND DEMOCRACY

The home is the bulwark of democracy. It is in the home that ideals of personal worth and co-operation are developed. These are the fundamental principles of democracy and without them real democracy is impossible.

Adequate home training of children is so essential and comes so early in life that the responsibility cannot be transferred to some other institution. It is a responsibility that must be fairly met if democracy is to come to a full fruition.

Homes, particularly those where children live, should be guarded with jealous care lest they lose those qualities of personal intimacy so essential to the wellbeing of the children.

## LARGE VALUES

The internal revenue taxes collected by the Federal Government for the fiscal year just ended exceeds \$3,500,000,000.

The total of our loans to the Allies now has reached the amount of \$6,380,000,000.

The amount of our national debt is about \$12,000,000,000.

Will prohibition win? The next legislature of the state of Missouri will adopt or reject the National Prohibition Amendment. It is easy to comment upon what Congress will do but there is a place nearer home that needs attention. Friends of prohibition should see to it that the next legislature is made up of members who will vote Missouri dry. Prohibition will win if the friends of prohibition do their full duty.

Seventy-one per cent of those whose names appear in "Who's Who in America" are former students of normal schools, colleges and universities. This assumes tremendous significance when it is known that only 1½ per cent of the school population of the country is to be found in these institutions. Do the higher educational institutions train for leadership?

## THE NEW BOOKS

## Out There.

The best play that the war time has produced is J. Hartley Manner's "Out There," a drama of a soul that found itself in service. It has humor, sentiment and thrilling appeal. It is a helpful study in patriotism. The hospital scene is of engrossing interest. (Dodd, Mead & Co., New York, cloth; 182 pages; with frontispiece; \$1.25.)

## Home Canning.

Under the title "Home Canning, Drying and Preserving" comes a food conservation manual by Miss A. Louise Andrea. The book is a clear, concise and thoroughly practical presentation of every stage of the various processes of preserving food. Each operation is described in such detail that any one trying for the first time to preserve garden products will be able to proceed from A to Z without mishap. Besides the canning of all fruits and vegetables, Miss Andrea takes up canning in honey (a new subject) canning fish, meat and poultry, pickling, salting and drying.

(Doubleday, Page & Co., Garden City, New York; cloth; 150 pages; illustrated; \$1.25.)

## War and Peace.

War is well organized. Peace has never been well organized. Hence war occurs, against almost everybody's wish, whereas the keeping of peace is so badly organized that, though almost everybody wants peace to be kept, peace isn't kept.—Arnold Bennett.

## World Federation.

World federation need not be argued for. Not a sane man or woman on earth but knows it means the safety of the race. One army and one navy, serving as police, can keep the peace. Beyond this, "preparedness" spells hell in italics.—Eldred Hubbard.

## Food Hint for Today

## Breakfast for Everybody.

Are you a man, woman, boy or girl? Rich man, poor man, beggar-man? No matter who you are or what you do for a living the United States Food Administration has a message for you regarding breakfast.

## The Children's Special Menu.

Orange Juice  
Cornmeal Mush  
Toasted Muffins  
Milk

## For an Out-of-door-Worker.

Fresh Pineapple  
Cornmeal Mush and Milk Omelet  
Oatmeal Muffins  
Strained Honey

## For "Office—rs."

Peaches  
Corn Flakes with Top Milk  
Barley Muffins  
Coffee

## Sugarless - Wheatless Gingerbread.

(10 servings or 1½ dozen)

2 tablespoons corn syrup  
2 tablespoons shortening  
1½ teaspoons soda  
1 teaspoon salt  
1½ teaspoons ginger  
½ teaspoon cinnamon  
1½ teaspoon mace  
½ teaspoon allspice  
1 egg  
½ cup molasses  
1 cup buttermilk  
2½ cups barley flour  
Cream syrup and shortening. Add soda, salt, spices. Beat in egg. Add molasses and buttermilk. Mix thoroughly, add flour mix lightly and bake.

## Crabapple Marmalade.

Wash the fruit, remove the cores and cut or chop into small pieces. Place in the preserving kettle and add just enough water to show at the top of the fruit. Cook until the fruit is tender. For each quart of material add 1½ pounds of sugar and cook over an even fire until the "jelling point" is reached, as indicated by the flaking or sheeting from the stirring spoon. Pour into hot freshly sterilized jars, cover, and seal. When cool pour hot melted paraffin over the surface of the marmalade to seal, put on the cover, and store in a cool, dry, dark place.

## Apple Jam.

Apples with a tart flavor make the best jam. Peel, quarter, and core the fruit. Weigh. Place in the preserving kettle and add sufficient water to nearly cover the fruit. Cook until soft, and for each pound of fresh fruit add ¾ pound of sugar. The juice and grated rind of two or three lemons or oranges for each ½ peck of apples may be added if desired. Cook until thick, stirring frequently to prevent burning. Fill into hot freshly sterilized jars, seal and store as directed above.

## The Little Things.

Each day I touch the little things  
That he was wont to use—  
His pipe, his pen, the paper knife  
Carved with a comic muse.

How can it be that he has gone  
When these so homely stay,  
As much a part of him as on  
The night he went away?

Sometimes I half forget, and at  
The doorbell's eager ring,  
I think how glad I'll be to hear  
His word of welcoming.

And when it seems my heart must break  
To grasp the cruel news—  
Each day I touch the little things  
That he was wont to use.

—Charlotte Becker, in Life.

## CONSTANTINOPLE

Henry Morgenthau, formerly American ambassador to Turkey, thinks the failure of the Allied fleet to capture Constantinople in 1915 the greatest blunder in history. The failure caused the collapse of Russia, because she could not get munitions from the Allies, nor grain to them, except through the Dardanelles. In his memoirs which are now being published in the World's Work, Mr. Morgenthau says:

"There was naturally one subject of discussion: Would the Allied fleets get through? What would happen if they did? Everybody expressed an opinion, Wangenheim, Pallavicini, Garroni, the Italian Ambassador, d'Ankersvard, the Swedish Minister, Kuhlmann and Scharfberg, First Secretary of the German Embassy, and it was the unanimous opinion that the allied attack would succeed. I particularly remember Kuhlmann's attitude. He discussed the capture of Constantinople almost as though it was something which had taken place already. Talaat well knew what would happen as soon as the Allied fleet entered the Sea of Marmora. According to the report of the Cromer Commission, Lord Kitchener, in giving his assent to a purely naval expedition had relied upon a revolution in Turkey to make the enterprise successful. Lord Kitchener has been much criticised for his part in the Dardanelles attack; I owe it to this point he was absolutely right. Had the Allied fleets once passed the defenses at the straits, the administration of the Young Turks would have come to a bloody end. As soon as the guns began to fire, placards appeared on the boardings, denouncing Talaat

and his associates as responsible for all the woes of Turkey."

Von der Goltz who had for years been Turkey's military instructor, stated that if England thought it an important move of the general war, she could by sacrificing ten ships, force the entrance and do it very fast. Sir John Fisher, the British first sea lord, thought that the strait could be forced by the sacrifice of ten ships. Mr. Morgenthau states that the Allies took Constantinople, but did not know it.

## Refreshing Colonel Jay L. Torrey.

A rather late start in his active campaign for the Republican senatorial nomination is being made by Colonel Jay L. Torrey, formerly a St. Louis newsboy, practitioner at the local bar for twenty years, president of the Mercantile Club, author of the Torrey Federal bankruptcy law, rancher in Wyoming, originator of the Rough Rider idea during the Spanish War and commander of a Rough Rider regiment and now a scientific fruit raiser and owner of a well-stocked 10,000 acre Missouri farm. But he may be a good deal more of a factor than the politicians are now prepared to admit.

The Colonel is a candidate the people can understand. In fact, they almost invariably can understand Colonels and have a partiality for them, especially Rough Rider Colonels. He never signed any pacifist petitions to the President that turned up months afterward to worry him. He never made any disputed choice as between the use of "among" and the use of "of." In fact, in his whole personal platform there isn't a single plank relating to prepositions. His is a rather complex personality and he has certainly had a complex career, but his appeal is along plain, simple, direct lines—the appeal of men who do things, who bring forward new ideas. His appearance in the campaign at a

moment when hair-splitting, piffle, sham and competitive efforts to capitalize the war as a proprietary asset have gone to ridiculous lengths is refreshing.

Measured by the newer as well as by the more old-fashioned standards, the Colonel seems to measure up to the job. The Republican party might do a great deal worse than to send a man of his stalwart, interesting type to the Senate.—St. Louis Post-Dispatch.

## BUY STAMPS TO KISS SAILOR

\$2,000 of War Savings Stamps Sold in This Manner.

By Associated Press.  
ST. LOUIS, July 31.—More than \$2,000 of War Savings Stamps were sold in less than half an hour when girls paid \$5 each for the privilege of kissing a "jackie" at a thrift stamp rally here recently.

Postmaster Colin M. Selph was ad-

## LADIES OR GENTLEMEN

Shampoo and treatments for scalp and skin. Mechano-Therapy treatments for chronic ailments.

## J. E. BARNETT

Doctor Mechano-Therapy.  
Office 216 Guitard Bldg. Phone 740

## DOES YOUR WATCH, CLOCK OR JEWELRY NEED REPAIRING?

If you bring your repair work to us it will be returned promptly in perfect condition. All work guaranteed.

We regulate your watch free of charge.  
**HENNINGER'S**  
813 BROADWAY.

## Columbia Theater

Tonight and Thursday, JACK PICKFORD in  
"MILE-A-MINUTE KENDALL"  
Also Bray Pictograph, Matinee Monday & Saturday

Friday and Saturday  
"OLD WIVES FOR NEW"  
All Star Cast

## Advertising Printing That Pays Its Own Way

The printing that shows itself distinctive from all the rest pays for itself many times over. When there's so much advertising printing on boards, in windows, and in the mail, as there is today, yours must be different in order to get attention. If it's only ordinary—or below par—the money it cost is wasted.

Don't be afraid of overdoing it by buying too good printing. You can't buy too good printing if your purpose is worthy.

Put all you can into it—not necessarily all the money you can, but at least all the effort—and it will earn a handsome profit for you.

Let us help you plan your printing. We'll make it distinctive and you'll be more than pleased.

Herald-Statesman Publishing Co.

Phone 97

Virginia Building

dressing a large audience when he noticed a sailor in the crowd. Calling the sailor to the platform, he said: "Ladies, buy a \$5 stamp and you will have the privilege of kissing this fighter."

The challenge was readily accepted.

Wisdom From Ashland's Sage.  
This town, like other towns, will

**Millers**

## RESOLE SHOES

Called for and delivered—it costs no more.

Phone 63 800 Broadway

Leave Your Shoe  
Repairing at the  
**CAMPUS BARBER SHOP**  
next to Palms.

## DR. R. A. WALTERS

SEE BETTER PLANT  
Up Stairs Over Gillaspies'  
Drug Store

I specialize on correcting defective vision with properly ground and fitted lenses.  
**LENS GRINDING LABORATORY ON PREMISES**  
Broken lenses duplicated while you wait. Why wait several days by sending elsewhere? Oculist prescriptions filled.

Cut Out and Save

No. 7

## Give the Unborn Child a Square Deal

FATHERS—Give Your Unborn Baby a Square Deal. See That the Mother Isn't Overworked

OVERWORKED MOTHERS HAVE WEAK, SICKLY BABIES  
HEALTHY, HAPPY MOTHERS, HAVE STRONG BABIES  
LET HIM COME INTO THE WORLD WITH A FIGHTING CHANCE

The MOTHER'S first rule is to keep the system in perfect order. Regulate digestion by the proper food and drink. Eat meat sparingly and substitute eggs and milk for meat. Eat plenty of fresh green vegetables and cooked fruits. Abstain from rich pastries and pies. Take but little of sweets and candies. Eat as much as you want, but never overeat. Five light meals are better than three heavy ones. Flush your system with water between meals. Buttermilk, sweet milk and soups make good drinks. Alcoholic drinks are always bad. Avoid laxatives. If you cannot get along without them, ask the doctor's advice.

Your kidneys carry off impurities. Don't fail to have your doctor examine the urine every month, in the beginning, twice a month toward the end.

Unless you do this, the kidneys may get out of order, and you not know it until too late.

Personal cleanliness is of the utmost importance.

Keep the pores of the skin open by means of daily cool baths.

Wash your breasts and nipples with cold water; nothing else is needed to make them strong.

A breast-fed child has a better chance to live than a bottle-fed baby.

Have plenty of fresh air day and night. Indoor work is exertion. Outdoor work is exercise.

DON'T SQUEEZE THE BABY BY A TIGHT OR BADLY FITTED CORSET.

DON'T TRY TO HIDE YOUR PREGNANCY. MOTHERHOOD IS A BADGE OF HONOR.

REMEMBER THAT THOUSANDS OF FOURTH WOMEN LOOK AT YOU WITH ENVY.

Wear a good maternity corset after the fourth or fifth month.

Teeth decay easily in pregnancy and disturb the digestion.

Keep your mouth scrupulously clean, or, better still, have a dentist go over them.

It is an exploded theory not to have the teeth attended to in pregnancy.

A short drive in carriage or automobile over easy roads is a good thing. Jolting is dangerous.

Don't believe in the old and foolish superstition of "maternal impressions."

No child has ever been MARKED by any fright of the mother.

You may safely reach up to the top shelf of your cupboard. It does not wind the cord around your baby's neck.

Laugh at the tales of horror that your neighbors may tell you.

Look forward with joy and anticipation to your confinement and think of the untold millions that populate the world that were born safely.

Secure for your pregnancy and confinement the best medical talent you can afford.

IT PAYS IN THE LONG RUN.

Compiled under the direction Children's Bureau U. S. Department of Labor.

Missouri Woman's Committee, Council of National Defense.